

Overview of the Course

Life after service can present unique challenges for our veterans, War widows, and those injured in combat. Counseling as a tool can help navigate the hurdles and offer support when needed. It provides a lifeline for those who have sacrificed their lives and are dealing with post-traumatic stress disorder, depression, Addiction, and the strain of reintegrating into civilian life.

Skilled counselors are trained in understanding the extraordinary experiences of military personnel and can help unravel complex emotional and mental health struggles. It also helps them to heal, regain control, find new purpose, and thrive in their new phase of life. Counselling is a brave step forward leading to empowerment, Resilience, and renewed hope. Professional counselors are the need of the hour. This course will help prepare such counselors. This course will provide opportunities to work as counsellors in mental health facilities in setup like corporate offices, educational institutions and NGOs. After the completion of the course, participants can work in various areas as School counsellors, marriage and family therapist, addiction and rehabilitation counsellors, career counsellor, support workers, child and adolescent counsellor and personal counsellor.

"As therapist, we are in the business of freedom-- we help people relinquish stories of self that are painful, stories of this moment that are alienating, stories of the future that are limiting."

• -ILI RIVERA WALTER

GET IN TOUCH



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DIPLOMA IN COUNSELLING FOR DEFENCE PERSONNEL



**2 DECEMBER, 2024 - 16 MAY,
2025**

**A joint Initiative of Jamia
Millia Islamia and DGR,
Ministry of Defence, GoI**



COURSE DURATION

24 WEEKS

COURSE OBJECTIVES

- Enhance leadership skills with a deeper understanding of human behavior and emotions.
- Equip yourself to support peers, subordinates, and families in challenging times.
- Improve communication and empathy skills, beneficial for both professional and personal life.
- Develop the ability to assist with the transition to civilian life for retiring personnel.
- Create a therapeutic intervention plan for person's emotional well being practices.
- Collaborate with social care services for community based rehabilitation of debilitated person.

Walk the journey along with war veterans, widows, and those injured in combat and help them rebuild their lives.

About Us

JAMIA MILLIA ISLAMIA (A CENTRAL UNIVERSITY) IS A LEADING INSTITUTION WITH NAAC A++ ACCREDITATION, AND HAVING 3RD POSITION IN UNIVERSITY CATEGORY OF NIRF RANKING. IT SERVES AS A BEACON OF ENLIGHTENMENT, GIVING SHAPE TO IDEAS AND FOSTERING INNOVATIONS. IT STRIVES TO CREATE A HUMAN UNIVERSE THAT EMBODIES INCLUSIVENESS, EQUITY, FELLOWSHIP, JUSTICE, AND PEACE FOR ALL. THE DEPARTMENT OF TEACHER TRAINING, SOCIOLOGY, PSYCHOLOGY, SOCIAL WORK, AND CHILD GUIDANCE CENTER ARE WORKING FOR THE CAPACITY DEVELOPMENT OF DIFFERENT STAKEHOLDERS IN THE FIELD OF GUIDANCE AND COUNSELING

Directorate General Resettlement (DGR) is an Inter Service organization functioning directly under the Department of Ex-Servicemen Welfare (Ministry of Defence) to ensure welfare of the retiring & retired Armed Forces Personnel (ESM, disabled Soldiers, Widows & their Dependents)

WHO SHOULD ATTEND?

**OFFICERS WHETHER
SERVICEMEN OR RETIRED
AND THEIR WIDOWS**

**MAKE MEMORIES AND
CAPTURE MOMENTS WITH
US.**

ENROLL TODAY!